

ETHER & STONE

COVID-19 HEALTH & SAFETY NOTICE

COVID-19 HEALTH & SAFETY NOTICE: March 12th, 2022

As we transition into the Spring, Ether & Stone is taking precautions to minimize the spread of COVID-19 in our community.

MASK MANDATE:

At this time, masks are optional. On March 12, 2022, Governor Brown lifted the mask mandate for all indoor and outdoor fitness settings.

PROOF OF COVID-19 VACCINATION POLICY:

All students must be fully vaccinated and show proof of their COVID-19 vaccination card to practice in the studio. OHA's definition of a "fully vaccinated individual" is: "an individual [who] has received both doses of a two-dose COVID-19 vaccine or one dose of a single-dose vaccine and at least 14 days have passed since the individual's final dose of COVID-19 vaccine."

To verify their vaccination status with Ether & Stone, each student must bring a photo of their vaccination card to the studio or text a photo of their vaccination card to 503-748-9161 before they arrive to class. We will keep a record of each student's vaccination status on their Mindbody account.

We will continue to offer virtual classes for those students who have not been vaccinated.

COVID-19 SCREENING:

Ether & Stone is not currently screening for COVID-19 symptoms. However, to be safe, we strongly suggest staying home if you experience any of the following COVID-19 symptoms: fever of 100.4 or higher, cough, shortness of breath, chills, muscle aches, headache, sore throat, new loss of sense of taste or smell, nausea or vomiting.

OTHER PRECAUTIONS:

To minimize exposure, we are currently offering reduced class sizes with no more than fourteen students at a time. We have a HEPA filter running 24 Hours to keep our air circulating, alternating between high and low speeds throughout the day and overnight. We strongly encourage students to bring their own yoga mat and props. Any studio mats and props that are used in class will be disinfected after each use. We disinfect commonly used surfaces daily and steam clean our studio floors weekly. We also offer sanitation stations and complimentary masks.